

Autumn in Campsite 2-19 October 2016 "SARDINIAN WEEKS"

Dear Campers,

Sunday, 2 October 2016 the autumn edition of the

"Settimane Sarde" (Sardinian Weeks) programme will begin.



18 days of events and activities that take place both inside and outside the campsite, all with a very specific purpose: to show our guests what we Sardinians consider "tradition". The programme is also to help you, and Sardinians themselves, discover the land around our campsite in its natural, cultural, historical, and of course... gastronomical aspects!

Below is the summary of the programme schedule, and each day the campsite bulletin boards will display the details of each activity with an extensive description, and you can request any necessary information at reception.

Enjoy!

The Direction Camping Capo Ferrato





- 2 October, Sunday Walk with a nature guide along the coast in the oasis of Capo Ferrato: the bay of amphorae and the lighthouse.
- 3 October, Monday "Who wants to make pizza?" Children at the campsite can make their pizza with our Pizza Chef, Andrea! An easy workshop where children learn how to make pizza (6 years and older)
- 4 October, Tuesday "Artists, Artisans and Gastronomical products at the campsite". An artisan exhibition/market along with gastronomic products of the local land
- 5 October, Wednesday Special dinner with a Sardinian menu, suckling pig and tastings of typical dishes. After dinner, Mariangela will prepare the famous Mirto liqueur, offered to all those at the restaurant!
- 6 October, Thursday "Ajò, we're going to the vineyards!"- A bicycle ride with Patrizia to discover the vineyards of Castiadas (20 Km.)
- 7 October, Friday Wine and cheese: the perfect match! Aperitif with the Sommelier, 1st Evening. Our Sommelier will present two award-winning wines of Cantina Castiadas, paired with cheeses.
- 8 October, Saturday From Mount 7 Fratelli to the beaches of Capo Ferrato. An off-road excursion with Fabio, our nature guide.
- 9 October, Sunday Magical night of lanterns: we will make lanterns that will create charming lighting at the campsite. Creative workshop for families and a campsite evening full of lights
- 10 October, Monday The secrets of the beach and sand dunes: learn about the plants of the beach and the Campsite's sand dunes on a walk with a botanist
- 11 October, Tuesday Mmmm... Sardinian sweets are delicious!!! Monica will lead a simple pastry class to show you how to make "amaretti" (special biscuits) and "ciambelline" (small cakes); a course for all our guests with a sweet tooth, both young and old
- 12 October, Wednesday Special dinner with a Sardinian menu, suckling pig and tastings of typical dishes.
- 13 October, Thursday Who are the 4 Moors on the Sardinian flag? Patricia will tell the story of the symbol of Sardinia (30 min.).
- 14 October, Friday Extra Virgin Olive Oil and high-quality olives: we'll meet the Cimetti family and learn about their company "San Tomas" in Castiadas (10 Km.). Excursion for all ages
- **15 October, Saturday** *Discover the Lagoon of Santa Giusta*: Go bird-watching with our nature guide in the pond next to the Campsite. For adults and children 10 years and older
- 16 October, Sunday Wine and cheese: the perfect match! Aperitif with the Sommelier, 2nd Evening. Our Sommelier will present two organic wines from the Cantine Meloni di Selargius, paired with cheeses.

- 18 October, Tuesday "Ajò, let's go to Castiadas! following the tracks of the Castiadas detainees Go on a bike ride with Patrizia to learn some fun facts and history of the Coast and the penal colony of Castiadas (16 Km.)
- 19 October, Wednesday Special dinner with a Sardinian menu, suckling pig and tastings of typical dishes. After dinner, Mariangela will prepare the famous Mirto liqueur, offered to all those at the restaurant!
- 20 October, Thursday Go on a beautiful horseback ride with Maurizio along Piscina Rei beach, where turtles are born





And you can always request the following activities at reception:

Diving in the Marine Park

With "Centro Immersioni Sardegna" (diving centre), you can go diving at different depths and with different levels of experience in the Marine Park and at Capo Ferrato. PADI diving courses for adults and children

Boat excursions along the coast

The company *Asterias* will take you on half-day boat excursions along the coast, with plenty of stops for swimming and snorkelling.

Sailing lessons

Sail to Costa Rei: a short sailing course with a professional guide right in front of the campsite, for children and adults